

# L5 & 6 What makes biologics & nanomedicines successful?

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## What makes biologics & nanomedicines successful?

### **Intended learning outcomes:**

- To be aware of reasons for failure of the pharmaceutical industry (Pharma) paradigm for small molecule drugs
- To be aware of how biologics and nanomedicines develop despite Pharma
- To understand the main differences driving success:
  - pharmacokinetics – very long circulation times
  - similar structures for different diseases
  - selectivity for diseased tissue (L6 & 7)
  - selectivity to cross particular biological barriers (L6 & 7)
  - selectivity for disease expression (RNA - Moscow)

# Why makes the Pharma drug paradigm fail?

For high oral bioavailability *via* transcellular absorption across the small intestine by passive diffusion, Pharma selects small molecule drugs *in vitro* with hydrophobic properties (Log P):

- to partition into lipid bilayer membranes (to diffuse through cells) and also
- convenient to medicinal chemists to increase binding to the protein target site and block activity *in vitro*.

Leads to failure of safe & efficacious responses in man:

- few 'clean' drug targets, needed for small molecules (most targets expressed in diseased & healthy tissue → off target)
- penetrate diseased & healthy tissue → side effects
- selects structures that our bodies are evolved to exclude by drug efflux and metabolism, with many different genotypes (polymorphisms) - so one drug does not suit all
- ignores selectivity for transporters, tissue and disease state

## Why: Lipinski's "Rule of 5" (Ro5)

To alert medicinal chemists to potentially poor oral absorption characteristics (solubility and permeability):

- not more than 5 hydrogen bond donors (OH and NH groups)
- not more than 10 hydrogen bond acceptors (notably N & O)
- a molecular weight < 500 (160 – 480)
- a partition coefficient or  $\log P < 5$  (-0.4 to 5.6)

Combinatorial chemistry tends to produce higher molecular weight and robotic screening has selected more lipophilic and less water-soluble compounds.

Drugs failing 'Ro5' in particular therapeutic classes, mainly natural products (*eg* antibiotics, antifungals, vitamins, cardiac glycosides) and biologics, both often ligands for absorption by biological transport.

## Lipinski characterisation of drugs

Drug name	MLogP	OH+NH <sup>c</sup>	MWT	N+O <sup>d</sup>	Alert <sup>a</sup>
Aciclovir <sup>a,b</sup>	-0.09	4	225.21	8	0
Alprazolam <sup>a</sup>	4.74	0	308.77	4	0
Aspirin <sup>b</sup>	1.70	1	180.16	4	0
Atenolol <sup>a,b</sup>	0.92	4	266.34	5	0
Azithromycin <sup>b</sup>	0.14	5	749.00	14	1
AZT <sup>a</sup>	-4.38	2	267.25	9	0
Benzyl-penicillin <sup>b</sup>	1.82	2	334.40	6	0
Caffeine <sup>b</sup>	0.20	0	194.19	6	0
Candoxatril <sup>b</sup>	3.03	2	515.65	8	0
Captopril <sup>a</sup>	0.64	1	217.29	4	0
Carbamazepine <sup>a</sup>	3.53	2	236.28	3	0
Chloramphenicol <sup>b</sup>	1.23	3	323.14	7	0
Cimetidine <sup>a,b</sup>	0.82	3	252.34	6	0
Clonidine <sup>b</sup>	3.47	2	230.10	3	0
Cyclosporine <sup>a</sup>	-0.32	5	1202.64	23	1
Desipramine <sup>a,b</sup>	3.64	1	266.39	2	0
Dexamethasone <sup>b</sup>	1.85	3	392.47	5	0
Diazepam <sup>b</sup>	3.36	0	284.75	3	0
Diclofenac <sup>a</sup>	3.99	2	296.15	3	0
Diltiazem-HCl <sup>a</sup>	2.67	0	414.53	6	0
Doxorubicin <sup>b</sup>	-1.33	7	543.53	12	1
Enalapril-maleate <sup>a</sup>	1.64	2	376.46	7	0
Erythromycin <sup>b</sup>	-0.14	5	733.95	14	1
Famotidine <sup>a</sup>	-0.18	8	337.45	9	0
Felodipine <sup>a,b</sup>	3.77	1	384.76	5	0

© C. Lipinski *et al.* (2001) Experimental and computational approaches to estimate solubility and permeability in drug discovery and development settings. *Advanced Drug Delivery Reviews* 46: 3–26

## Biopharmaceutics Classification System (BCS)

Reliability of predicting bioavailability from dissolution studies

	High solubility	Low Solubility
High permeability	<b>Class I</b> High solubility High permeability Eligible for Biowaiver	<b>Class II</b> Low solubility High permeability Eligible for Biowaiver only if weak acids, highly soluble at pH6.8, plus
Low Permeability	<b>Class III</b> High solubility Low permeability Eligible for Biowaiver if very rapidly dissolving	<b>Class IV</b> Low solubility Low permeability Not eligible for Biowaiver

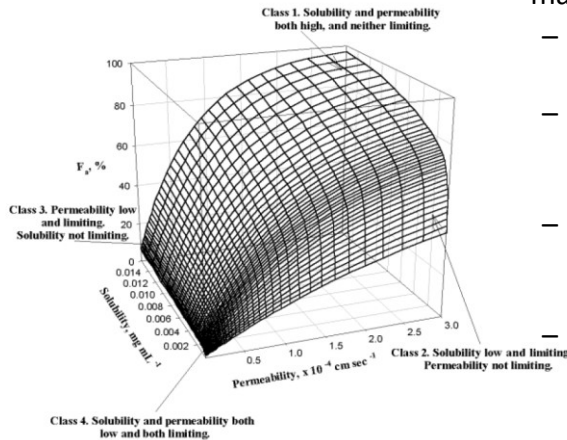
**“Brick dust”**

Combinatorial chemistry tends to produce higher MW and robotic screening tends to select less soluble (Class II) or less permeable (Class III) compounds, or both – Class IV ‘brick dust’

# Biopharmaceutics Classification System

Aim is Class 1 molecule because absorbed fraction  $F_a$  is a function of permeability & solubility (dissolution rate, transit time *etc.*)

*AAPS PharmSci* 2003; 5 (1) Article 4 (<http://www.pharmsci.org>).

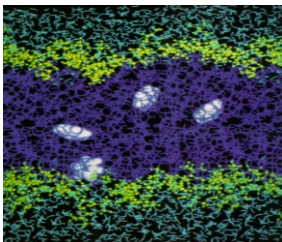


BUT permeability depends on many other mechanisms too:

- only LogP - related for lipophilic compounds
- Log P relates to solvent partition, not biomembranes
- many other mechanisms of transport through bio-membranes
- including large, hydrophilic macromolecules & nanoparticles, which fail Ro5

## Lipid bilayer does not behave like simple water / solvent partition (LogP)

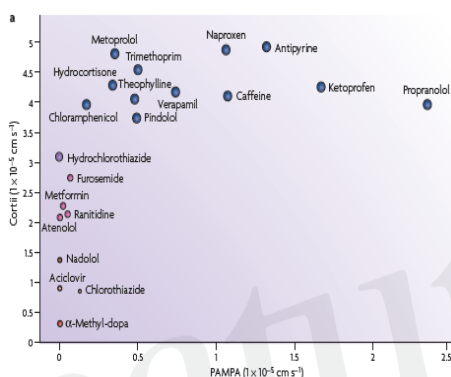
- Diffusion coefficients inside the bilayer depend on solute size less than in water or in solvent
- Size dependence of permeability instead depends on partitioning into the lipid bilayer, which is lower than partitioning at bulk water/solvent interfaces.
- Lipid head group interactions and constrained motion of hydrocarbon tails near head groups restrict partitioning.



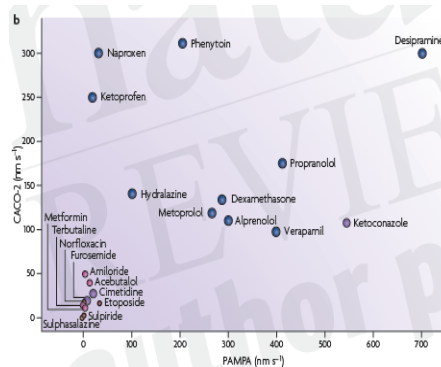
MD simulation of membrane diffusion:

- motions differ in center & near surface, both differ from bulk phase
- rotational isomerizations (gauche/trans) gate channels between voids
- differing motions available to different drugs.

## Poor correlations of permeability between different lipid bilayers & epithelial cell monolayers



*eg* artificial lipid (Corti) and parallel artificial membrane permeability assay (PAMPA)



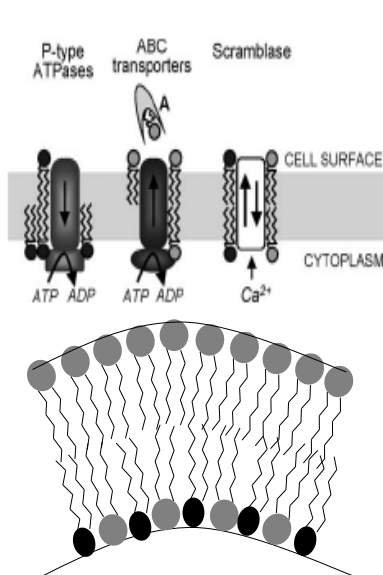
*eg* CaCo2 cell monolayer epithelial model and PAMPA

© 2008:Dobson & Kell, "Carrier-mediated cellular uptake of pharmaceutical drugs: an exception or the rule?" Nature Reviews Drug Discovery 7: 1-17

## Where does the transcellular absorption paradigm come from and why does it make drugs unspecific?

- Drugs evolved in natural products to be non-selective *eg* plant metabolites (bad taste, poisons) to avoid being eaten by animals
- Non-selective penetration :
  - only advantage where highly-selective against target tissue or localised effect, bound or eliminated elsewhere
  - otherwise healthy organ toxicity because drug target often expressed in both healthy and diseased tissue.
- Effective protective systems to avoid toxicity:
  - serum protein binding of lipophilic molecules
  - efflux transporters (*eg* P glycoprotein)
  - defensive metabolisms, with signalling to switch on
- Natural bioactive compounds often selective when hydrophilic, because do not penetrate everywhere and specific transporters expressed in particular tissues.

## Drug efflux, transport & endocytosis

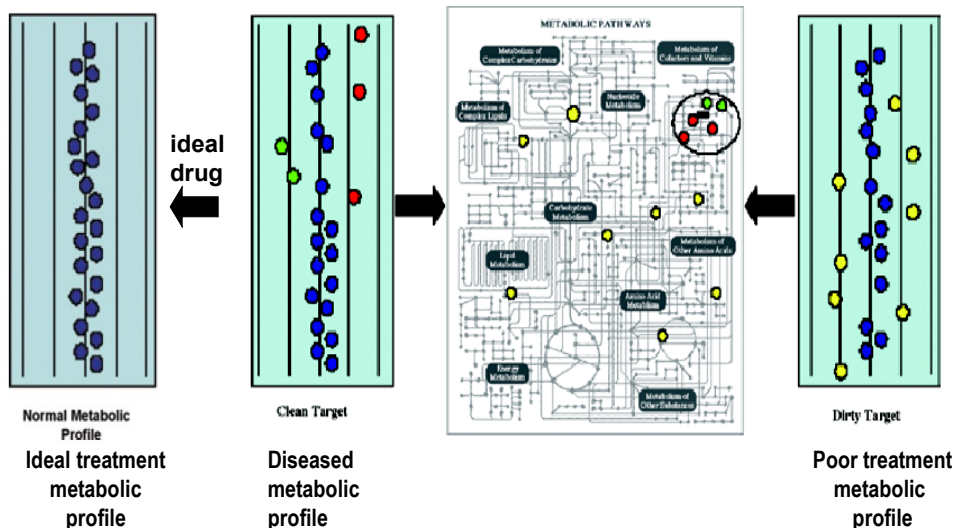


ATP-dependent flip/flop-ases maintain asymmetric lipid distribution by moving specific lipids towards (P4-ATPase family members) or away from the cytosolic leaflet (ABC transporters). Lipid asymmetry collapsed by the transient activity of ATP-independent scramblases.

Asymmetric distribution of different-sized lipids result in curvature and assists endosome vesicle formation. Lipophilic drug molecules also distributed across the membrane bilayer.

## Why un-selective tissue penetration is bad with 'dirty' drug targets

ONLY optimal when 'clean' drug-able target, specific for diseased tissue/organ:

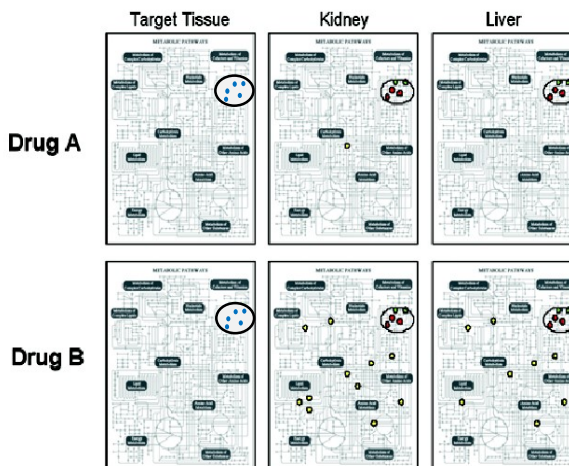


# Metabolomic pre-clinical studies

Metabolomic profiling to identify possible side effects:

**Drug A** causing few undesired biochemical effects in target and non-target tissues (ideal but unusual)

**Drug B** causing desired effects in target tissue but undesired biochemical effects in non-target tissue (too common).

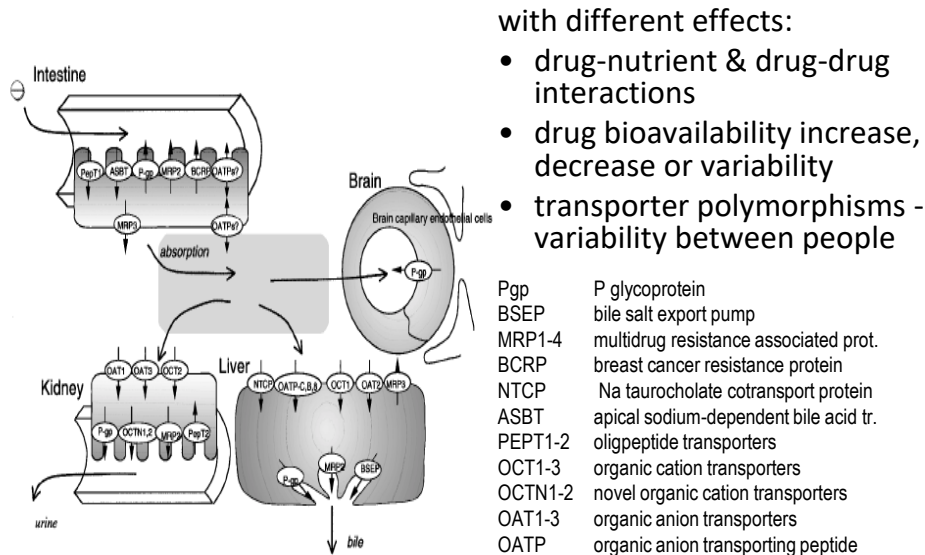


## Penetration & transport through barriers

Very different when we look beyond small drug 'Ro5' paradigm

- Passive – 'equilibrative': medicinal chemistry focus
  - paracellular diffusion - hydrophilic, low MW
  - transcellular diffusion
    - lipophilicity, LogP, low MW ... Lipinski 'rule of 5'
    - pore-mediated diffusion
    - carrier-mediated diffusion
    - facilitated diffusion
- Active transcellular – 'concentrative' energy-requiring
  - transporters
    - some broad spectrum, including drug efflux
    - many selective
  - transcytosis
    - non-selective cell penetration
    - selective receptor-mediated transcytosis

Homeostasis only by selective control over transport -  
different transporter distributions at epithelia & endothelia



## Transporters exploited to increase bioavailability & targeting *eg*:

- **Acyclovir** (anti-viral) - amino acid ester prodrug → valacyclovir:
  - oral bioavailability (AUC) increased in humans 3-5x.
  - rationale applied by Roche to design valgancyclovir.
- **Amoxicillin** (antibiotic)- 70% increased absorption rate and 25% increase in bioavailability upon co-admin with nifedipine in humans
  - nifedipine increases proton concentration at the apical surface of epithelial cells, increasing driving force for amoxicillin transport *via* hPEPT
  - change in surface pH by nifedipine may be a consequence of decreased concentration of intracellular  $\text{Ca}^{++}$ .
- **Pravastatin** (anti-cholesterol) - transporters involved in oral absorption, hepatic uptake, and biliary excretion



## Over-simplified use of 'Ro5' in discovery & BCS in development

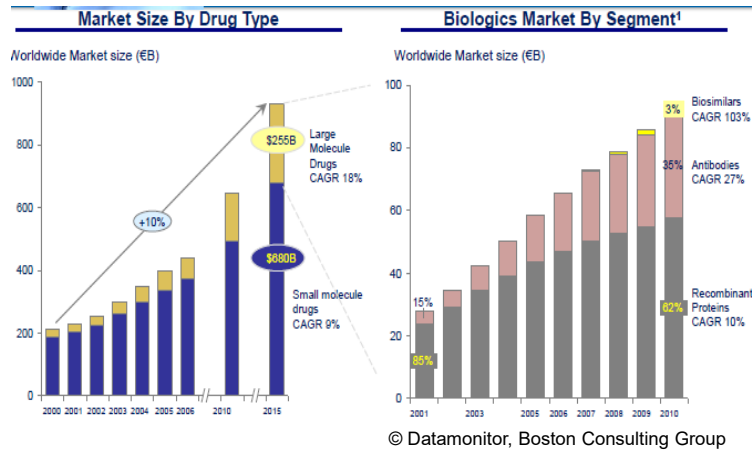
- rejection of many naturally-bioactive compounds of higher selectivity, because they fail the 'Ro5';
- Log P – based design promotes xenobiotic defences (efflux pumps, drug metabolism)
- non-selective penetration only optimal for 'clean' drug targets, increased side effects for dirty targets, increasingly complex drug targets even more challenging
- transporters effect influx and efflux at polarised epithelial and endothelial barriers, so transporter distribution, kinetics, interactions *etc.* important
- large hydrophilic protein assemblies cross barriers (including brain) by transcytosis whereas most combinatorial/HTS compounds do not (*viz.* L7-8).

## Introduction to biologics

- Strong growth over the last 2-3 decades of large molecule drugs, particularly proteins:
  - >35% new drugs in clinical trials & marketed
  - some now 'blockbuster' drugs (sales > \$ billions)
  - shift of large Pharma to include large molecules
  - growth in 'Bio-similars' (bio-generics) as innovator biologics come off patent, and 'Bio-betters'.
- Resulting influence on routes of administration (RoA) - development of alternatives to oral dose forms (lung, nose, skin by needle-free injectors & skin patches)
- Need to address different medicines design issues (penetration of barriers, heterogeneity, instability & immuno-genicity of large molecule drugs).
- Human monoclonal antibodies developed as the major group of biologics currently (DNA/RNA/epigenetics next).

## Biologics high growth

Biologics ~37% of drug market with higher compound annual growth rate (CAGR): overall 18% (cf 9% small molecule drugs) of which antibodies 27%, biosimilars 103% CAGR



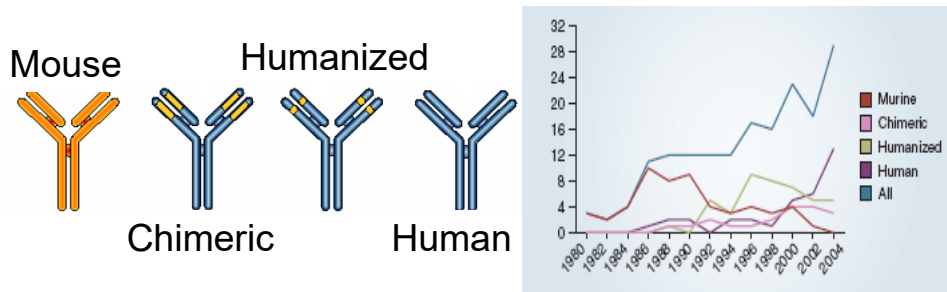
## What's driven the growth of biologics?

- Traditional 'one drug suits all' blockbuster paradigm → higher failure rates in discovery pipelines, in drug development, in clinical trials & post-marketing approval.
- Discovery technologies (genomics, robotic high throughput screening) not returned on large investment.
- Biologics developed in earlier decades by biotech companies filling gaps in large pharma pipelines.
- Advances in parenteral RoAs driven by biologics.
- Replace diseased tissue functionality (*eg* protein hormones & blood factors, gene therapy, tissue engineering)
- Highly specific binding to modify or block function of target.

## Biologics v. small molecule drugs: *reasons for higher success rate*

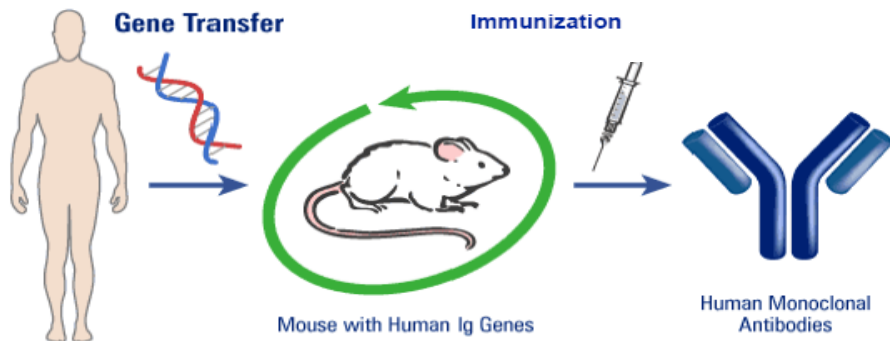
- **Versatility** - replace diseased tissue as well as modify.
- **Unspecific binding** to molecular structures other than the desired molecular target can cause toxicity including tumorigenicity - not applicable to therapeutic proteins.
- **Blood levels of drug and duration of action** in man not appropriate (*eg* elimination half-life too long/too short; bad metabolite spectrum) – not applicable to mAbs.
- **Less frequent dosing** – long circulation times compared to small molecule drugs (weeks cf hours)
- Risk of **drug-drug interactions** – lower or not applicable.
- **Different structures** for each indication – not applicable to the similarly-structured mAbs, nucleic acids.
- **Inappropriate molecular target** applies to both
- **Immunogenic effects** – higher risk for biologics, addressed by stealthing, humanization.

## Human antibody development



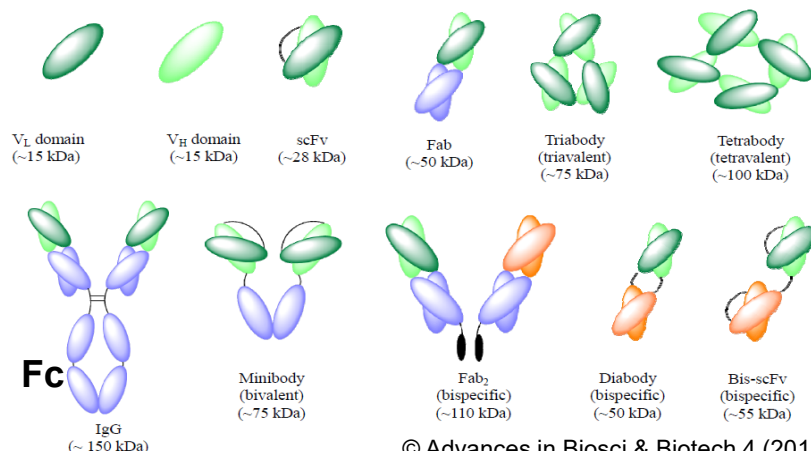
- Human hybridomas difficult, mouse used
  - immunogenic anti-mouse reactions & rapid clearance
  - lack human Fc functions and recycling into circulation.
- Recombinant mAb engineering with human Fc
  - chimeric - mouse variable region (Fv, antigen binding)
  - humanized – mouse antigen binding loops (CDRs)
  - fully human antibodies produced *via* mouse

## Fully human recombinant antibodies



- 4 mouse IgG gene loci coding for 4 protein subunits replaced with human transgenes in transgenic mouse
- mouse immunized to raise immune response
- B cell selection, hybridoma production, bioreactor cell culture to produce human antibodies
- antibody Fc effector functions also engineered

## Antibody fragments



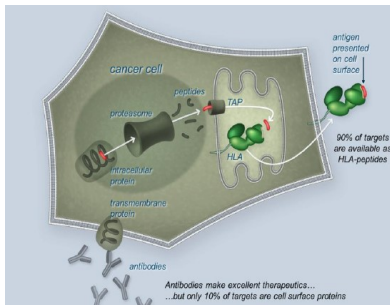
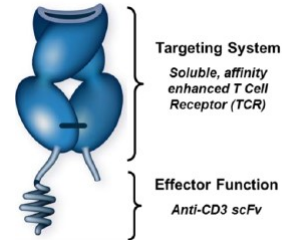
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Variable region antibody fragments used mainly for imaging:

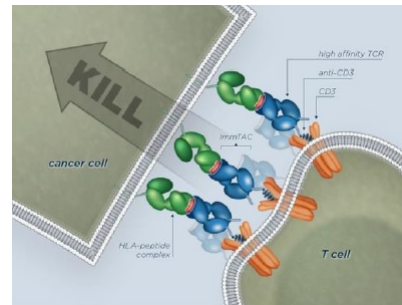
- lack Fc interaction with immune system
- lack long circulation times *via* FcRn recycling receptor

# T Cell Receptor (TCR)

Many more targets are accessible to TCRs, which bind to the antigenic peptides presented on the surface of cells by MHC / HLA proteins to re-direct cytotoxic T cells against intracellular infections and cancer (in Phase II clinical trials)

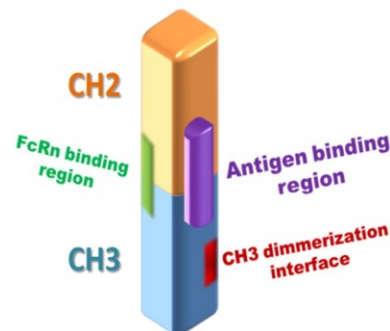
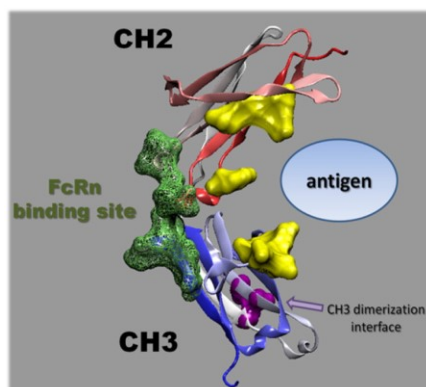


[www.immunocore.com](http://www.immunocore.com)



© Nature Medicine (2012) 18(6): 980

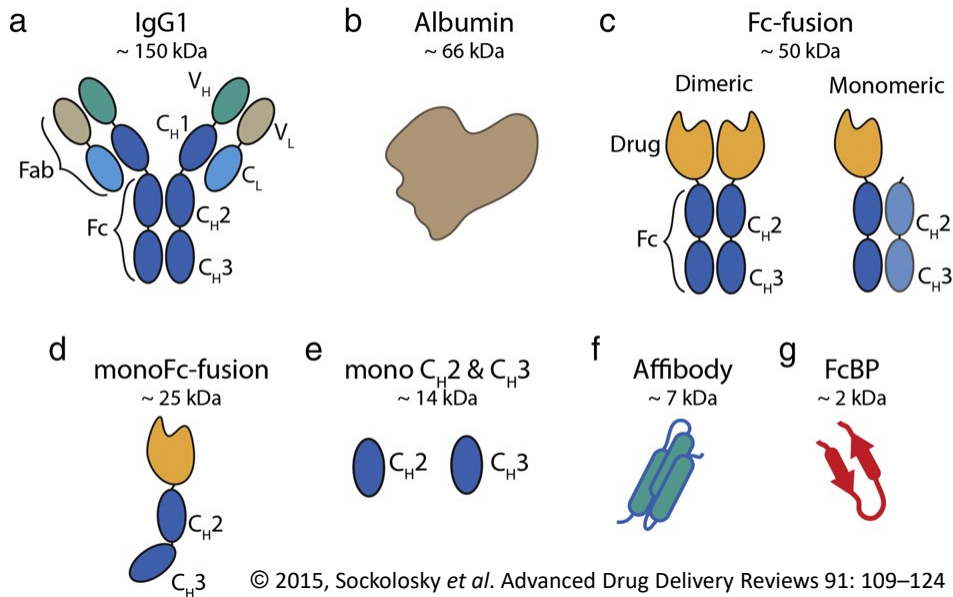
## Fc fragment engineering



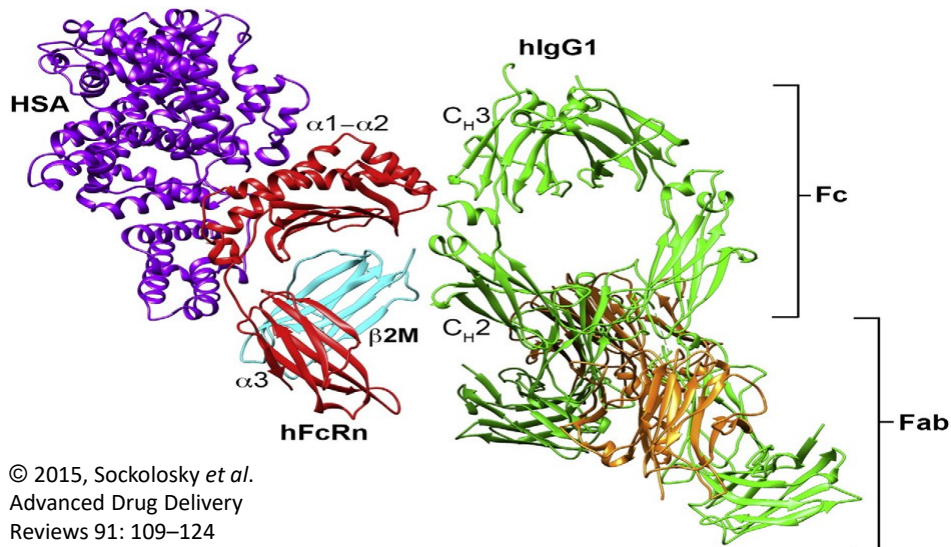
© Biochim. Biophys. Acta (2014), <http://dx.doi.org/10.1016/j.bbapap.2014.04.018>

Fc engineering maintains interaction with immune system & binding site for antibody recycling receptor FcRn to enable long circulation times

# Recycling Fc & fusions

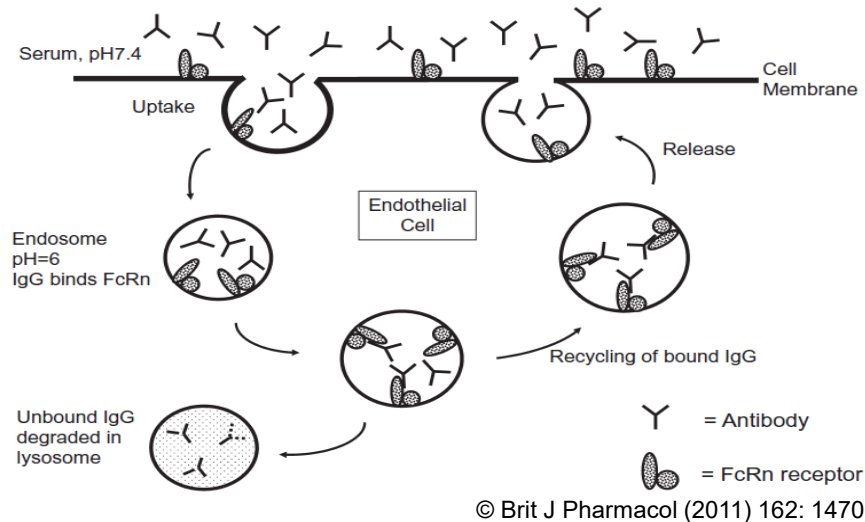


## Albumin & IgG bind to FcRn at different sites



# Human IgG recycling

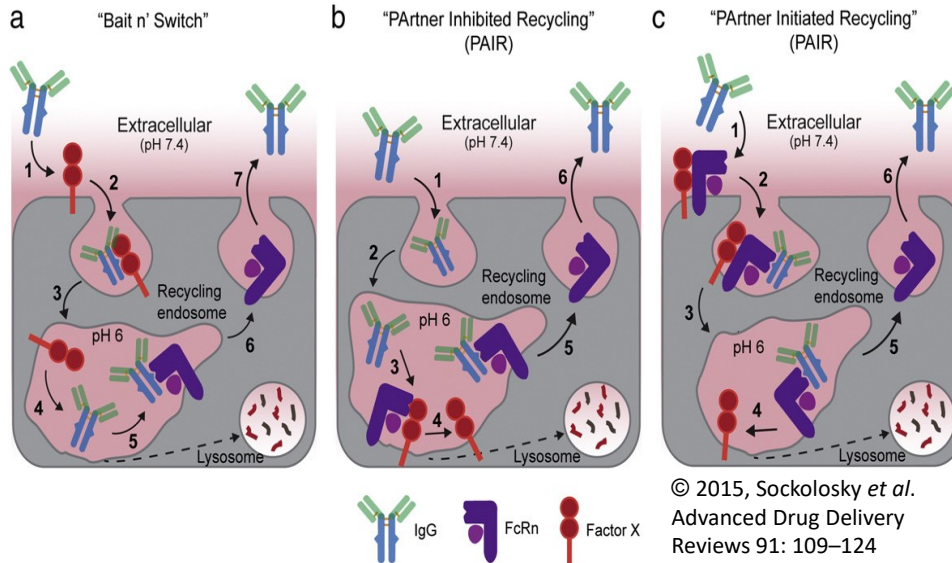
Half life 14-21 days: pH-dependent interaction with FcRn, preventing renal, RES *etc* clearance, allowing infrequent dosing



## Antibody recycling

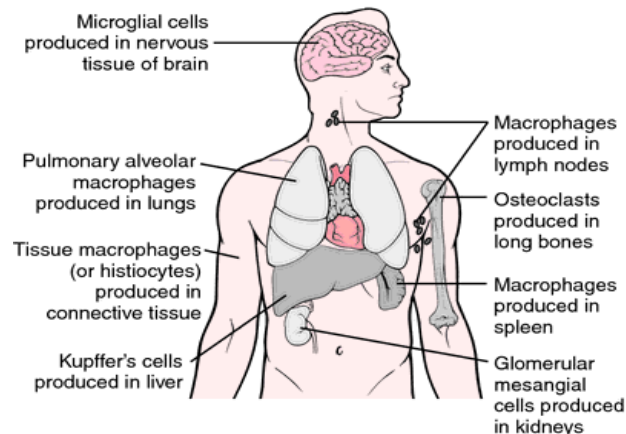
- mAb recirculation by Brambell receptor (FcRn), binding to Fc 'tail', essential for maintaining Ig & albumin levels & homeostasis in blood.
- In adults, FcRn primarily expressed in vascular endothelial cells or RES, with lower levels on monocyte cell surfaces, tissue macrophages, and dendritic cells.
- Fc receptor plays a critical role, but saturates at high IgG concentrations, resulting in an inverse relationship between concentration (dose) and half life:
  - lower half-life for high concentration / dose antibody,
  - OR where high levels of endogenous IgG, as seen in chronic inflammatory diseases

# Additional Factor X?



## Avoids elimination & degradation

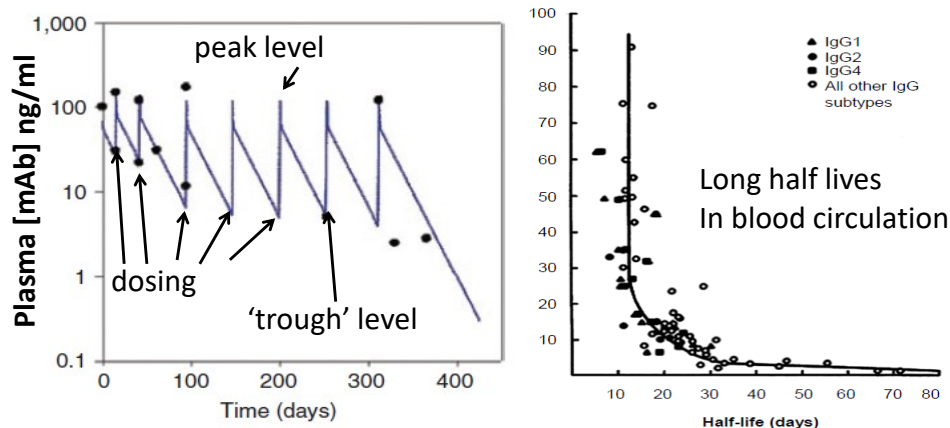
Primary routes are by renal clearance (proteins > nanoparticles) and by proteolytic catabolism after receptor-mediated endocytosis in the cells of the reticulo-endothelial system (RES).





# Pharmacokinetics

Where large loading doses and IV RoA (eg infliximab left below), concentration – time profiles show very high peak concentrations with low ‘trough’ drug level monitored before next dose.



## Loss of response (LOR) caused by anti-drug antibodies (ADAs)

LOR leads to interruption of therapy, or replacement with alternative (mAb) therapy:

- **Pharmacokinetic (PK) - binding ADAs** (BAbs) form immune complexes with drug, increase clearance rate & dose required, with indirect pharmacodynamic effect:
  - Reduced effect and patient response
  - BAbs against Fc may reduce antibody recycling - more clearance and lower drug levels
- **Pharmacodynamic (PD) – neutralising ADAs** (NABs) of higher affinity directly interfere with the activity of the drug
  - binding to epitopes within or proximal to the active site,
  - but above PK effect often greater than PD effect

## ADA risk factors affecting efficacy

- Product related – homology to endogenous proteins, non-glycosylated more immunogenic, sequence / peptide affinity for HLA / MHC antigen presenting proteins

Anti-drug antibody (ADA) risks not just antibody product related:

- Genetics – HLA highly polymorphic and combines with product amino acid sequence differences
- Underlying disease - chronic inflammation
- Other medications *eg* immunomodulatory
- Dosage – may affect peripheral tolerance

## ADA response: immunological mechanisms

ADA frequency varies with natural immuno-tolerance

- High bio-similarity to proteins encoded by human genome (self proteins) should be well tolerated
- Central & peripheral mechanisms dependent on formation & activation of B and T cell clones

*eg* Elimination of self-reactive T cell clones

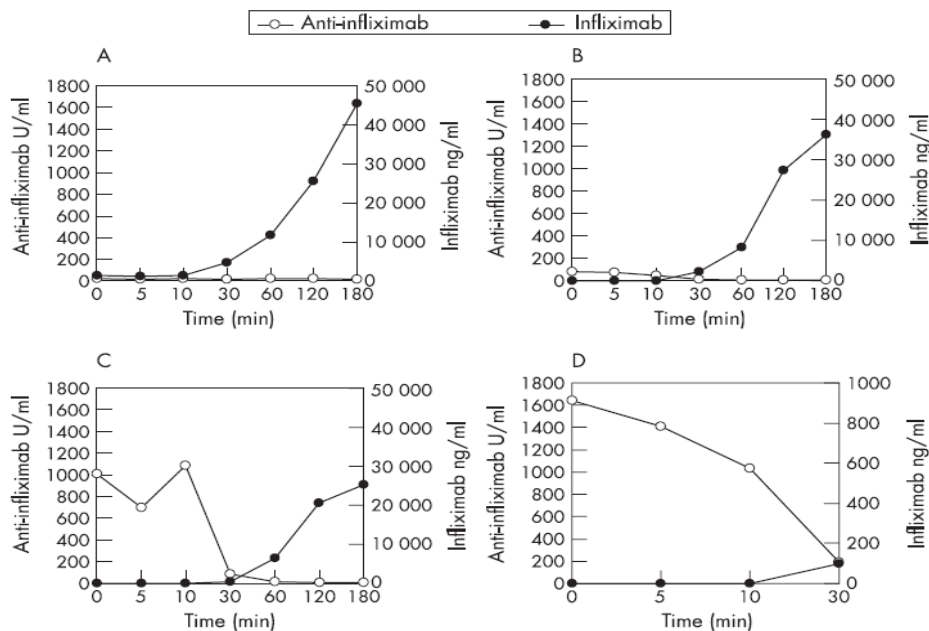
Thymus central tolerance: eliminates immature T cells expressing T cell receptors forming high avidity interactions with self peptides presented in human leukocyte antigen (HLA)

## ADA response: loss of peripheral tolerance

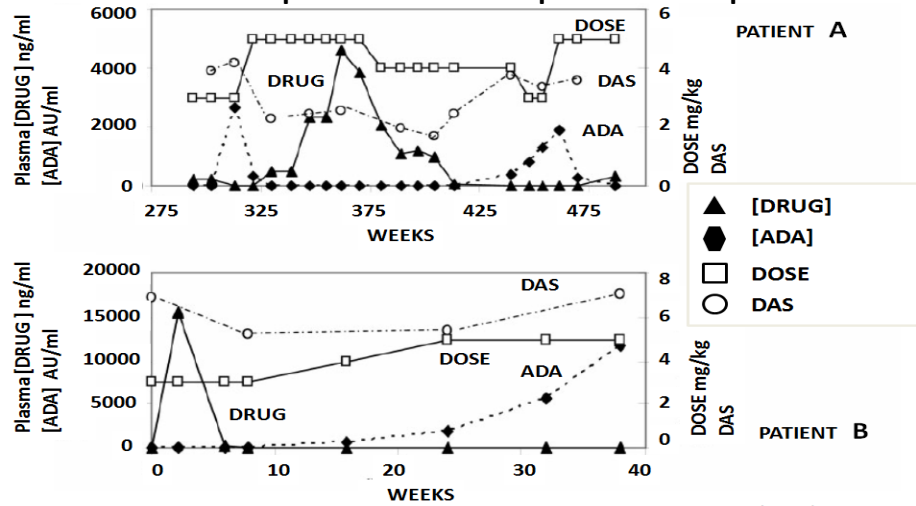
ADAs can be formed against normally tolerated proteins by breaking of peripheral tolerance

- Not all peptides of every self protein expressed in thymus, when a proportion of self-reactive T cells escape to periphery
- Peripheral tolerance ensures that such naive T cells only activated by dendritic cells (DCs) when both antigen specific peptide-HLA complex and co-stimulatory signals
- However, co-stimulation may be activated by pathogens and tissue damage, including by repeated injection, by high levels of inflammation *etc.*

## Different patient PK responses



## Different patient therapeutic responses



Adapted from Rheumatology (2011) 50: 1450

Drug '**DOSE**', resulting '**DRUG**' trough levels, anti-infliximab '**ADA**' levels & disease activity score '**DAS**'